

The power of developing an adaptable and confident attitude





Same and Different







"Darrenisms"

Failure is only a negative if you don't have time to recover from it. If you're breathing, you have time.

Analyze in SPEAR™



Analyze Phase Options

Success

Failure

Focus

Ignore

Focus

Ignore

Grow Confidence

Shrink Confidence

Grow Adaptability

Shrink Adaptability Confident

Timid

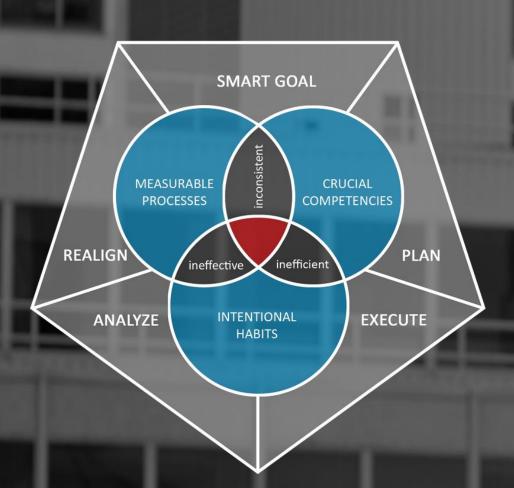
Flexible

Rigid

Processing Success and Failure

Fixed Growth Shrink Ignore Focus Grow Mindset Mindset Rigid Timid Confident Adaptable Work Ethic Smart Impossible Gifted **Pointless** Limitless Possibilities Risk Taker

Core Strategic Modules



- Vitals of the strategic
- Always the issue
- Identify deficiencies
- Developable skills

Intentional Habits

Purposeful patterned behaviors or practices

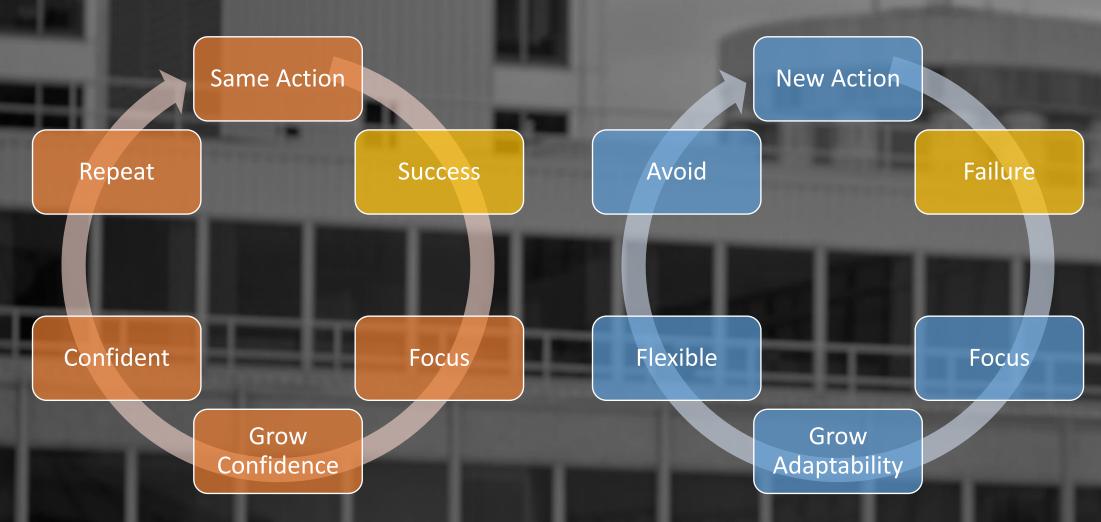
Ex. Floss daily to prevent plaque buildup



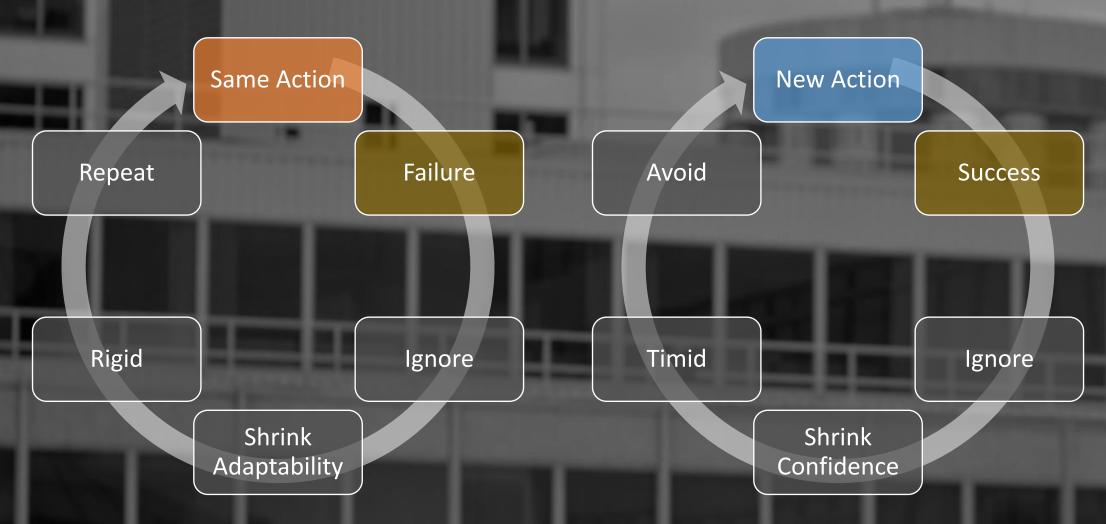
Habits Reinforce Mindset



Growth Reinforcement Cycle



Fixed Reinforcement Cycle



success attitude failure attitude

The Confidence Quadrant

FOCUS

UCCESS

SNORE

OVERCONFIDENT RECITER™

> AUTO REPEATER™

CONFIDENT ENTERPRISER™

> FEARFUL DOER™

IGNORE FAILURE

FOCUS



Focus Success Ignore Failure

Confident

Rigid



Ignore Success Ignore Failure

Timid

Rigid

FEARFUL DOER™

Ignore Success Focus Failure

Timid

Flexible



Focus Success Focus Failure

Confident

Flexible

Take-Aways

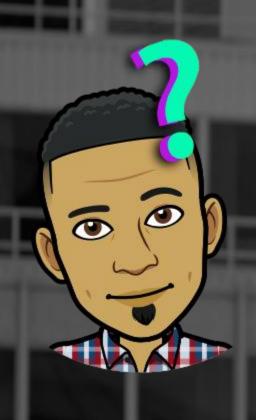
SMART Goal

 Set time daily to document success and failures

 Document three (3) successes daily



Questions



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